Disclaimer: This is a quick fact sheet, but there are many conditions and particular circumstances that may apply to your situation which may make the information below less relevant to your case. Please contact the PGSS office to clarify if you are ever not sure. i.e. If you are a part time student, or thesis extension student.

Your Hyper-Linked Guide to Health Access

Health & Dental

- International (RAMQ) & International Postdocs (RAMQ)
- Quebec (RAMQ)
- Canadian (Out of province)

Drug Coverage?

- Blue Cross Plan
- PGSS Dental Plan
- PGSS Plan

Mandatory Quebec Drug plan AND PGSS Plan - Studentcare

Which clinic?

1. McGill Health Clinic
2. Off-campus clinics*
   *Pay up front and get reimbursed

Use Bluecross Card

Use RAMQ card

Hospital Coverage

Use Blue Cross Card

Use RAMQ card

Use home province insurance card*
   *no payment upfront req.

Mental Health

McGill Mental Health Hub
Blue Cross Plan

McGill Mental Health Hub
Studentcare Psychology Network

McGill Mental Health Hub
Studentcare Psychology Network

McGill Mental Health Hub
Studentcare Psychology Network

Important dates: Change of Coverage Period (Opt Out Period) Studentcare or Bluecross

Important notes: You are not automatically enrolled if you are billed any time after September 1st
Apply for RAMQ as soon as you arrive in Montreal (it takes time to process).